



# Program

Thursday 28 March 2019

## Registration Open

7:30AM - 5:30PM

Ballroom Foyer

## Official Opening

8:45AM - 9:00AM

Chair: Bogda Koczwara

Grand Ballroom

Welcome to Country  
Official Opening by Helen Zorbas

## A pacifist's guide to starting a survivorship revolution

9:00AM - 10:30AM

Chairs: Bogda Koczwara & Murray McLachlan

Grand Ballroom

9:00 AM **Yousuf Zafar**

First do no (financial) harm *abs# 1*

9:20 AM **Julie McCrossin**

What do consumers want from a survivorship revolution? *abs# 2*

9:35 AM **Ben Bravery**

Cancer survivorship through the lenses of a doctor and consumer – respect, teamwork and connection *abs# 3*

9:50 AM **Panel discussion** - A pacifist's guide to starting a revolution

10:20 AM **Release of the COSA PRO Think Tank report**

## Morning Tea & Poster Viewing (Poster Session 1)

10:30AM - 11:00AM

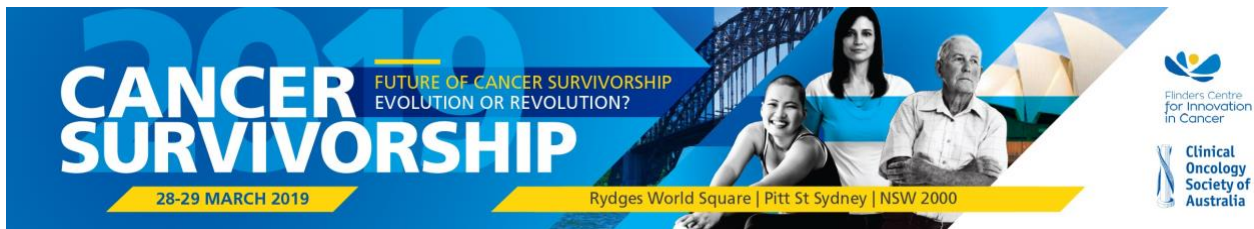
Exhibition Area

## Financial toxicity

11:00AM - 12:00PM

Chairs: Christine Paul & Lee Hunt

Grand Ballroom



11:00 AM **Sanchia Aranda**

The Australian and international perspectives on financial toxicity *abs# 4*

11:15 AM **Yousuf Zafar**

The path to affordable cancer care *abs# 5*

11:35 AM **Deme Karikios**

Cost of anticancer drugs *abs# 6*

11:50 AM **Louisa G Gordon**

Patient out-of-pocket medical expenses over two years among Queenslanders with and without a major cancer *abs# 7*

*The conference acknowledges the sponsorship of*



## The Best of the Best Survivorship Abstracts: Session 1

12:00PM - 12:30PM

Grand Ballroom

Chair: David Joske

12:00 PM **Leisa Leon**

The Clinical Placement Program in Cancer Survivorship: improving provider knowledge and confidence to deliver survivorship care *abs# 8*

12:10 PM **Carolyn G Mazariego**

Prostate cancer survivorship: examining long-term self-reported quality of life and unmet supportive care needs in the second post-treatment decade *abs# 9*

12:20 PM **Janette Vardy**

Health Concerns of cancer survivors after primary anti-cancer treatment *abs# 10*

## Lunch & Poster Viewing (Poster Session 1)

12:30PM - 1:30PM

Exhibition Area

## What's app doc? Life in the digital world

1:30PM - 2:30PM

Grand Ballroom

Chairs: Ben Bravery & Phyllis Butow

1:30 PM **Ben Bravery**

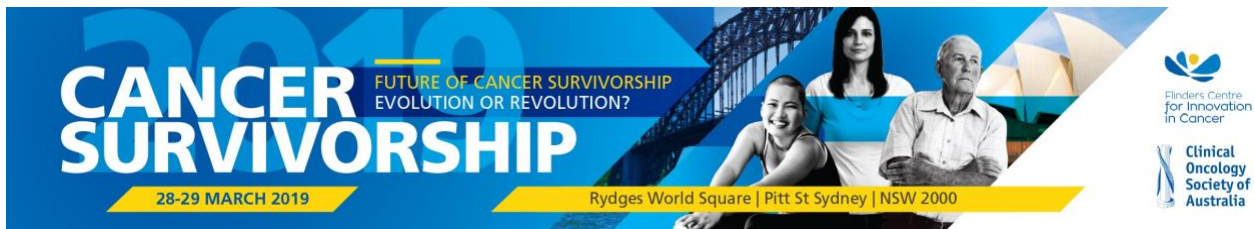
Introduction to the digital world from a cancer patient perspective *abs# 11*

1:40 PM **Rodney Ecclestone**

My Health Record *abs# 12*

2:00 PM **Bogda Koczvara**

Development of a Strategic Framework for Digital Health in Cancer Care *abs# 13*



2:20 PM **Jennifer R Job**  
 Healthy Living after Cancer+Text: A text message-delivered, extended contact intervention targeting healthy weight, diet and physical activity behaviour *abs# 14*

## Carers and families: perspectives from the front line

2:30PM - 3:30PM Grand Ballroom  
 Chairs: Chris Christensen & Shirley Baxter

2:30 PM Shirley Baxter - Introduction

2:35 PM **Ben Britton**  
 What research tells us about carers and families of people diagnosed with cancer *abs# 15*

2:45 PM **Panel discussion** chaired by Chris Christensen  
**Panel:** Ben Britton, Sana Qadar, Gail O'Brien, Tania Rice-Brady and Lesley Shears

## Afternoon Tea & Poster Viewing (Poster Session 1)

3:30PM - 4:00PM Exhibition Area

## The Best of the Best Survivorship Abstracts: Session 2

4:00PM - 4:30PM Grand Ballroom  
 Chair: David Joske

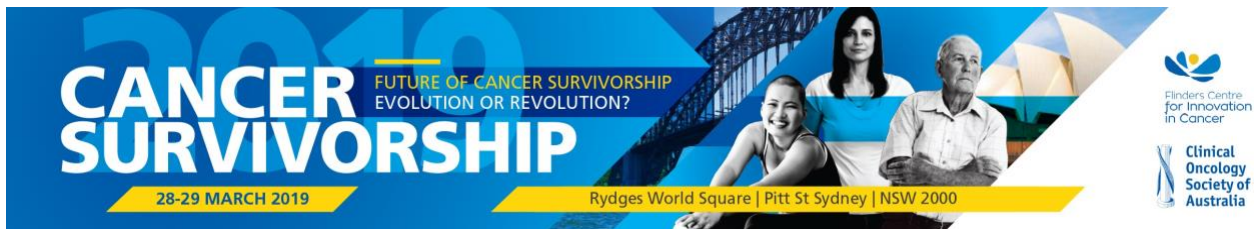
4:00 PM **Rebekah Laidsaar-Powell**  
 A qualitative meta-review of psychosocial cancer survivorship research: Areas of density and paucity *abs# 18*

4:10 PM **Chloe Yi Shing Lim**  
 Cancer-related cognitive impairment: a comprehensive evaluation of a standard patient factsheet *abs# 19*

4:20 PM **Sim Yee (Cindy) Tan**  
 Using Patient Reported Outcome Measures (PROMs) as routine in the Survivorship Clinic *abs# 20*

## Moving + Making – integrating physical activity and creative interests that can benefit an individual's lifestyle before, during + after treatment

4:30PM - 5:30PM Grand Ballroom  
 Chair: Judith Lacey



4:30 PM **Jane Turner**  
 Something for the body – Beyond the gym: Tailoring the exercise prescription to people who don't wear lycra *abs# 16*

4:40 PM **Arterie** – An arts + health hospital based program using the creative, visual and performing arts to engage, educate and enhance the clinical experience + environment

**Welcome Reception & Dinner**

5:30PM - 7:30PM

Exhibition Area

Program  
**Friday 29 March 2019**

**Registration Open**

8:30AM - 4:00PM

Ballroom Foyer

**Ashleigh Moore Award Oration**

9:00AM - 9:30AM  
 Chair: Bogda Koczwara

Grand Ballroom

Recipient oration by **Richard Cohn**

**The 3Cs of Life: how Cancer, Cardiovascular Disease and Co-morbidity collide**

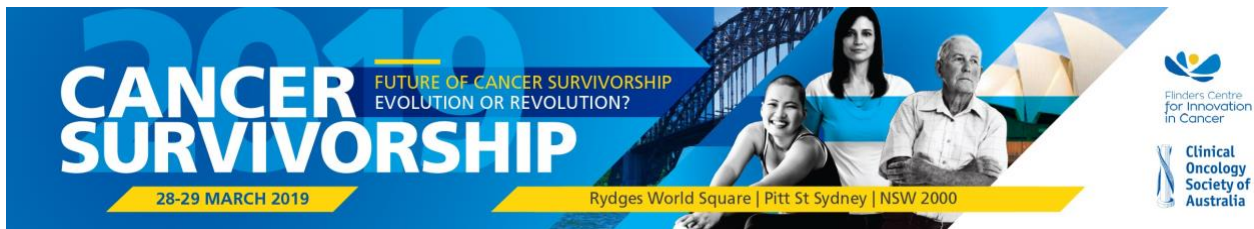
9:30AM - 11:00AM  
 Chairs: Geoff Delaney & Elysia Thornton-Benko

Grand Ballroom

9:30 AM **Eng-Siew Koh**  
 What about my heart health Doctor?? Understanding the broad aetiology and spectrum of cardiovascular disease in cancer survivors *abs# 17*

9:45 AM **Tom Marwick**  
 Cardio-oncology – an emerging field *abs# 21*

10:05 AM **Emily Banks**  
 Big Data approaches to cancer and cardiovascular health *abs# 22*



10:25 AM **Lauren Ha**

Cardiovascular fitness and physical activity in childhood survivors of cancer, potential role for exercise physiology services *abs# 23*

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**Panel Discussion** – Eng-Siew Koh, Thomas Marwick, Emily Banks, Lee Hunt and Elysia Thornton-Benko

### **Morning Tea & Poster Viewing (Poster Session 2)**

11:00AM - 11:30AM

Exhibition Area

### **Oh Lord, please don't let me be misunderstood! Language and cultural considerations in survivorship**

11:30AM - 12:30PM

Grand Ballroom

Chairs: Afaf Girgis & Thit Tieu

11:30 AM **Alex Broom**

The significance of culture and language within the pursuit of person-centred care in oncology *abs# 24*

11:45 AM **Thit Tieu**

How we navigate the health system: A personal perspective (of a patient or caregiver) *abs# 25*

12:00 PM **Bettina Meiser**

Training our health care professionals to communicate more effectively with migrants *abs# 26*

**Panel discussion** – Alex Broom, Thit Tieu and Bettina Meiser

### **Lunch & Poster Viewing (Poster Session 2)**

12:30PM - 1:30PM

Exhibition Area

### **Love and other things: Managing sex expectations after cancer**

1:30PM - 3:00PM

Grand Ballroom

Chairs: Haryana Dhillon & Sam Patterson

1:30 PM **Victoria Cullen**

Kinky stuff: where to get useful information & resources *abs# 27*



1:45 PM **Ilona Juraskova**  
Rekindling sexual communication: what we learnt from the Rekindle project *abs# 28*

2:00 PM **Janette Perz**  
Inclusion in cancer survivorship care: addressing the sexual concerns of LGBTIQ cancer survivors *abs# 29*

2:15 PM **Katharine Hodgkinson and Jessica Medd**  
Sex talk: facilitating communication about desire in couples and singles after cancer *abs# 30*

**Panel discussion** – Victoria Cullen, Ilona Juraskova, Janette Perz, Katherine Hodgkinson, Jessica Medd and Sam Patterson

### **Afternoon Tea & Poster Viewing (Poster Session 2)**

3:00PM - 3:30PM

Exhibition Area

### **Communication matters: conquering stigma, marginalisation and fear**

3:30PM - 4:45PM

Grand Ballroom

Chairs: Ray Chan & Lillian Leigh

3:30 PM **Carla Thamm**  
Overcoming stigma can enhance communication with head and neck cancer survivors? *abs# 31*

3:45 PM **Micah Peters**  
Principles for good communications with LGBT patients with cancer *abs# 32*

4:00 PM **Ursula Sansom-Daly**  
Strategies for effective communication in caring for children with cancer *abs# 33*

**Panel discussion** – Carla Thamm, Micah Peters, Ursula Sanson-Daly, Lillian Leigh

### **Closing remarks, conference reflections, next steps**

4:45PM - 5:00PM

Grand Ballroom

Chair: Bogda Koczwara





# Poster Listing

## Poster Session 1 – Thursday 28 March

### **Anupriya Agarwal**

Effects of cancer treatment on household income and employment status – A prospective single centre study *abs# 100*

### **Georgina Akers**

The impact of a state-wide Survivorship Program: Outcomes of the first two years of the Phase II Victorian Cancer Survivorship Program. *abs# 101*

### **Michael Back**

Reflecting on survivorship outcomes to aid initial decision-making in patients managed for IDH-mutated anaplastic glioma *abs# 103*

### **Julia Baenziger**

“I grew the confidence”: The doctor-patient communication experience for parents of children with cancer *abs# 104*

### **Sue Baker**

CanCare - Using volunteers to build a support network for a person with cancer from diagnosis to survivorship *abs# 105*

### **Vanessa Beesley**

The hidden burden of anxiety and depression in ovarian cancer: a prospective study from diagnosis *abs# 106*

### **Vanessa Beesley**

When Will I Feel Normal Again? Exploring the Trajectories and Predictors of Delayed Recovery of Symptoms and Wellbeing after Completion of Primary Therapy for Ovarian Cancer. *abs# 107*

### **Tammy Boatman**

Engaging sedentary women with cancer to participate in a group exercise program – what helped? *abs# 108*

### **Jenni Bruce**

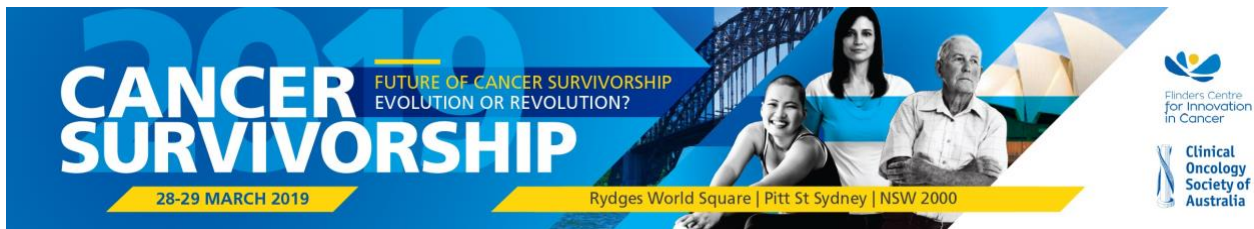
Do podcasts work for cancer information and support? Evaluating the impact of *The Thing About Cancer* podcast series *abs# 112*

### **Raymond Chan**

RESPONSE: Adaption and validation of a Patient Reported Outcome Measure for Australian Children and Adolescents with Cancer *abs# 110*

### **Julie Campbell**

Embedding survivorship care into a regional cancer service. Getting from pilot to standard practice *abs# 113*



**Bena Cartmill**

*Do cancer clinicians identify the health service needs of patients and their families? abs# 114*

**Bena Cartmill**

*What factors contribute to distress in carers of patients undergoing radiotherapy for head and neck cancer? abs# 115*

**Sarah Wing-yu Chan**

*What do cancer survivors need and want? The voices of cancer survivors in Hong Kong abs# 116*

**Dongqing Chen**

*FSTL3 release occurs synchronously with onset of doxorubicin-induced cardiotoxicity in an isolated myocardial cell model abs# 117*

**Chris Christensen**

*Evolution and Revolution: 10 Years of Cancer Advocacy and Counting abs# 118*

**Nadia Corsini**

*Testing the feasibility to routinely collect Patient Reported Outcomes post breast cancer surgery via BreastSurgANZ Quality Audit abs# 119*

**Belle H de Rooij**

*Patients' information coping style influences the benefit of a survivorship care plan in the ROGY Care Trial: new insights for tailored delivery abs# 120*

**Ali Dulfikar**

*Can an individualised exercise program assist in maintenance of HRQOL in low and high grade glioma patients undergoing post-operative chemo-radiotherapy? abs# 121*

**Kate Falconer**

*Why Wait for Wellness - The evolution of a multidisciplinary approach to cancer prehabilitation abs# 145*

**Kurt Fittler**

*Surviving and Thriving: The Active Survivor Exercise Program at Macarthur Cancer Therapy Centre abs# 124*

**Kathy Flitcroft**

*The impact of lack of choice of breast reconstruction options following mastectomy for breast cancer on Australian women's quality of life. abs# 125*

**Paul Glare**

*Cancer survivors with pain have similar unhelpful thoughts and beliefs to other chronic pain patients. abs# 126*

**Helen Gooden**

*Survivors Teaching Students: Saving Women's Lives® (STS)- an ovarian cancer survivors learning initiative for health professional students. abs# 127*

**Sharon He**

*Cancer Clinicians' understanding of cancer-related cognitive impairment and whether a fact sheet can drive practice change: a qualitative exploration abs# 130*





**Roslyn Henney**

Have your say with ARCHWAY! Recruitment strategies in adolescent and young adult cancer survivors *abs# 109*

**Karen Hennings**

Cancer Survivorship - Introducing key concepts and access to resource availability. A review of education provided to community generalist nurses. *abs# 131*

**Beth Ivimey**

Centralised specialist cancer survivorship assessment clinic (cisco) for patients with early breast cancer or dcis *abs# 132*

**Ilona Juraskova**

The Type and Timing of Breast Reconstruction after Mastectomy: Qualitative Insights into Women's Decision-Making *abs# 128*

**Ilona Juraskova**

Psychosocial and Decisional outcomes Following Breast Reconstruction after Mastectomy: the Role of Body Image Attitudes *abs# 129*

**Emma Kemp**

Digital Health and Disparities in Cancer Care: Opportunities for digital inclusion *abs# 135*

**Emma Kemp**

Development of a Strategic Framework for Digital Health in Cancer Care: Stakeholder-identified barriers, enablers and needs for implementation. *abs# 136*

**Christina Kozul**

Identification of breast cancer survivors' side effects and supportive care needs *abs# 137*

**Rebekah Laidsaar-Powell**

A review of interventions and online resources to improve carer involvement in medical consultations and decision-making *abs# 133*

**Rebekah Laidsaar-Powell**

Strategies to promote effective clinician engagement with cancer carers: The TRIO Guidelines *abs# 138*

**Dianne Legge**

Building the bridge to brain cancer survivorship: a work in progress. *abs# 139*

**Janelle Levesque**

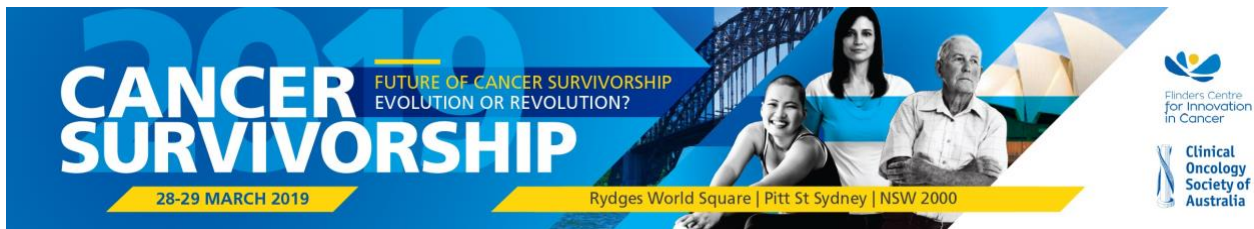
Cancer-related challenges, unmet needs and emotional distress in men caring or women with breast cancer: The influence of self-efficacy *abs# 140*

**Karolina Lisy**

Evaluation of a survivorship care plan database *abs# 141*

**Karolina Lisy**

Recommendations for implementing and delivering shared survivorship care: a systematic review *abs# 142*



**Rachael Morton**

Cost-effectiveness of a psycho-educational intervention targeting fear of cancer recurrence in melanoma survivors *abs# 143*

**Rachael Morton**

Radiation risk from computed tomography surveillance imaging in Stage III melanoma survivors: a simulation modelling study *abs# 144*

**Amanda Piper**

Connecting to wellness: Telehealth as an enabler for regional cancer survivorship supportive care *abs# 102*

**Kyleigh Smith**

Upskilling the primary care workforce in cancer survivorship *abs# 122*

**Christina Signorelli**

E-health tools for childhood cancer survivorship care management: A qualitative analysis of interviews with survivors, parents and General Practitioners. *abs# 111*

**Christina Signorelli**

Parent and child quality of life in long term survivorship *abs# 123*

**Christina Signorelli**

Pain, fatigue, information needs, and fear of cancer recurrence among adult survivors of childhood cancer *abs# 134*

**Julie Symons**

Pathways for older people in a rural hospital's cancer rehabilitation and survivorship service *abs# 146*

## Poster Session 2 – Friday 29 March

**Eva Battaglini**

Exercise as medicine for cancer survivors with chemotherapy-induced peripheral neuropathy (CIPN): A pilot study *abs# 209*

**Bena Cartmill**

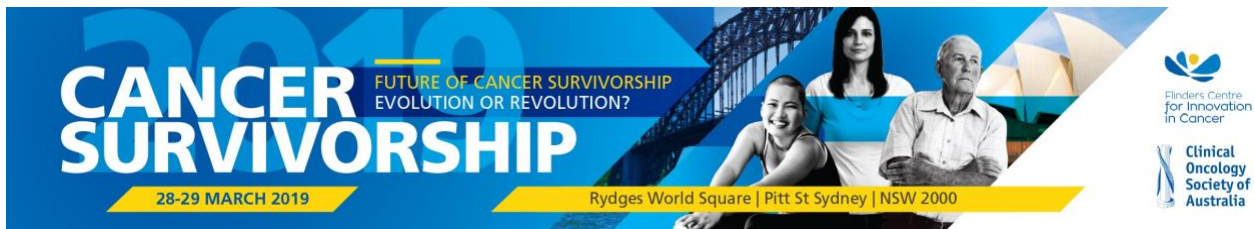
*Using an experience-based co-design process to co-create cancer wellness services for patients and their families* *abs# 244*

**Bena Cartmill**

*ScreenIT: Development, validation, implementation, and expansion of a web-based patient-reported outcome screening tool* *abs# 245*

**Laura Gilmour**

ENRICHing Survivorship – Wellness and wellbeing for the mind, body and soul *abs# 208*



**Lorna Huang**

The impact of breast reconstruction surgery decision-making on body image outcomes in women with breast cancer: a qualitative study *abs# 246*

**Bora Kim**

The role of generalist community nurses in survivorship cancer care *abs# 251*

**Janelle V Levesque**

Content and delivery preferences for an online intervention to support men caring for women with breast cancer *abs# 200*

**Yunhui Liang**

Investigating follow up of women with early stage breast cancer *abs# 202*

**Karolina Lisy**

Return to work in survivors of human papillomavirus-associated oropharyngeal cancer: An Australian experience *abs# 203*

**Karolina Lisy**

What matters most to breast cancer survivors? Development of a patient-reported outcome measure for clinical assessment *abs# 204*

**Fiona Lynch**

Fear of cancer recurrence and progression in melanoma survivors on novel therapies *abs# 206*

**Lynette Mackenzie**

Cognitive Difficulties for Women after Breast Cancer: Compounding Problems When Trying to Return to Work *abs# 201*

**Lynette Mackenzie**

*The impact of cancer-related fatigue non-pharmacological interventions on occupational performance and participation in adult cancer survivors: A systematic review. abs# 207*

**Megan McIntosh**

A systematic review of the unmet supportive care needs of men on active surveillance for prostate cancer *abs# 247*

**Sue McKelvie**

Canopy TV - An education resource *abs# 210*

**Fiona McRae**

Counterpart Peer Support Volunteers - themes of their conversations *abs# 211*

**Greg Millan**

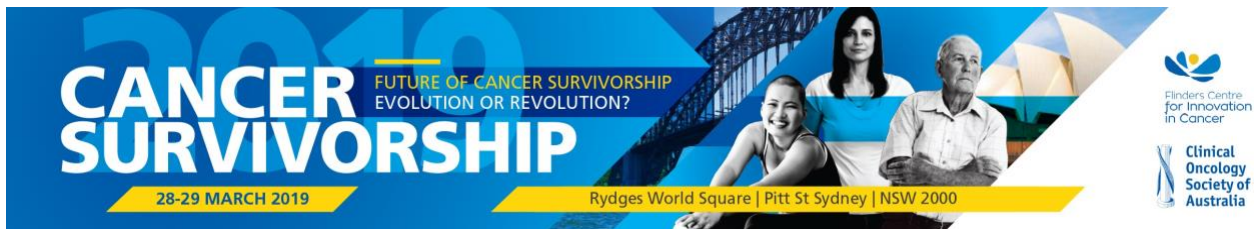
Shining a Light on Support for Gay Bi Men with Cancer *abs# 212*

**Jillian Mills**

Chinese Cancer Survivors living in Australia: Findings from a Systematic Review and Focus Groups *abs# 213*

**Laura Muir**

Free workplace and recruitment advice for people affected by cancer *abs# 214*



**Alexandra Muirhead**

Breast Cancer Survivorship: exploring the issues faced by culturally and linguistically diverse (CALD) patients in the survivorship period *abs# 215*

**Sharon Nahm**

Fear of Cancer Recurrence in Breast and Colorectal Cancer Survivors *abs# 216*

**Jennifer Nicol**

Quality of life in people with blood cancer after participation in a specialised exercise intervention *abs# 217*

**Sophie Nightingale**

Walking the boundaries – is the 6-minute walk test achievable in a outpatient breast clinic? *abs# 250*

**Jodie Nixon**

Surviving the distress of head and neck cancer: a qualitative study of the experience of distress in the long-term and re-engagement in daily life following treatment *abs# 218*

**Melissa Opozda**

Sexual help-seeking by prostate cancer survivors: A longitudinal study of intentions, behaviours, and needs. *abs# 219*

**James Otton**

Establishment of a dedicated cardio-oncology service for rapid assessment and management of acute and late cardiovascular conditions *abs# 220*

**Punyavathi Paturi**

Setting up a Cardio-oncology clinic at MQ Health- no time to miss a beat *abs# 221*

**Imogen Ramsey**

The impact of attrition on longitudinal, patient-reported health-related quality of life among colorectal cancer survivors participating in the PROFILES registry *abs# 222*

**Eli Ristevski**

Cultural understandings of care giving in Australian Aboriginal families can help to improve cancer survivorship services and outcomes *abs# 223*

**Chloe Salisbury**

Peer support for the 12-month maintenance of exercise and health following a brief exercise training intervention in cancer survivors: Study protocol *abs# 224*

**Saira Sanjida**

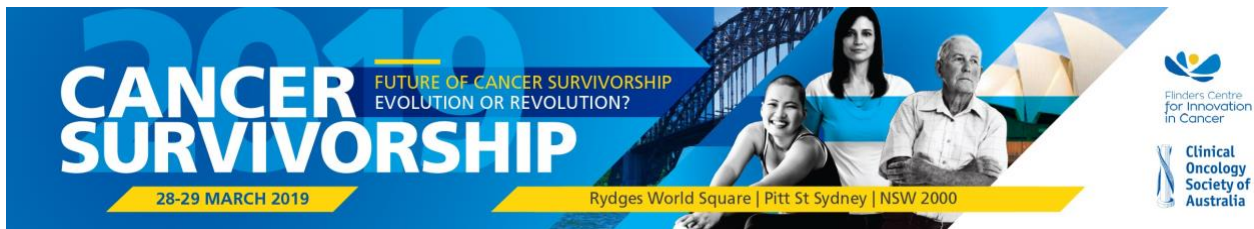
How many endometrial cancer patients diagnosed with clinical level of anxiety and depression, and how many received psychological treatment during survivorship? *abs# 225*

**Dianne Sheppard**

Supporting breast cancer survivors to transition back to sustainable work *abs# 226*

**Gemma Skaczkowski**

Supportive care for cancer survivors: Predictors of opinion in the general population *abs# 227*



**Aaron L Sverdlow**

Ibrutinib Related Atrial Fibrillation – A Single Centre Australian Experience *abs# 229*

**Simon Tang**

Using Serial cardiac MRI to detect myocardial changes in patients treated with left sided tangential breast radiation *abs# 230*

**Karen Taylor**

Qualitative results of a phase II pilot randomised controlled trial of a lymphoma nurse-led survivorship model of care. *abs# 231*

**Karen Taylor**

Results of a phase II pilot randomised controlled trial of a lymphoma nurse-led survivorship model of care. *abs# 232*

**Christina Teng**

Patient reported peripheral neuropathy in breast cancer survivors following adjuvant therapy *abs# 233*

**Caroline Terranova**

Effects of a weight loss intervention on metabolic syndrome in overweight or obese women following treatment for breast cancer: a randomized controlled trial *abs# 234*

**Marianne Tome**

Development of a unique digital information delivery tool to empower patient-centred health care *abs# 228*

**Marc Trudeau**

Incidence of diagnosis of relapsing cancer, secondary cancers and other serious diseases in a Survivorship Clinic *abs# 235*

**Jane Turner**

Evaluation of a hospital-based weight management program for overweight and obese cancer survivors. *abs# 236*

**Ida Twist**

Bone Marrow Transplant follow up and transition – who should care? *abs# 248*

**Ida Twist**

NQOL-ALL Study – Evaluating the long-term Neurocognitive outcomes and Quality of Life of children with childhood leukaemia undergoing a Bone Marrow Transplant (BMT). *abs# 249*

**Janette Vardy**

Evaluation of Survivorship Care Plans from survivors attending the Sydney Survivorship clinic *abs# 237*

**Janette Vardy**

Longitudinal follow up of medical oncology survivors attending the Sydney Survivorship Centre Clinic *abs# 238*

**Ngan Vo**

Promoting sustainable healthy eating, exercise and weight maintenance strategies through a community integrated model of health promotion and self-management in a regional area *abs# 239*





**Adam Walker**

Tales from shift working mice: The impact of circadian disruption on cancer progression and CNS toxicities *abs# 240*

**Deborah Kirk Walker**

Developing a Community Based Nurse Practitioner (NP) led Chronic Disease Survivorship Clinic (CDSC) *abs# 241*

**Thomas Walwyn**

Cardiovascular health in asymptomatic, anthracycline-treated survivors of childhood leukaemia: a pilot study. *abs# 205*

**Gregory Webb**

Identification of sexuality and sexual health as an unmet need for cancer survivors in South Western Sydney Local Health District (SWSLHD) *abs# 242*

**Verena Wu**

"Through wind and rain": Chinese cancer patient and caregiver feedback on WeCope, a self-management resource. *abs# 243*